

# Nevada Warmline Postvention Program

## Nevada Caring Contacts



### **What is Nevada Caring Contacts?**

- Offers adjustable intervention for preventing suicide attempts and ideations
- Supplements traditional mental health services
- Provides messages of support and valid resources
- Fills the gap between identification and follow-up

### **Why is it needed in Nevada?**

- Repeat ER visits due to stress on crisis systems
- As many as 70% of those that survive suicide attempts never attend their first appointment or maintain treatment
- Risk of another attempt remains high up to 3–6 months after discharge

### **How to make a Referral?**

- Connect with the Warmline main phone number or soon through Open Beds
- Make a referral including when to call and how often
- Set up time and day for initial introduction
- Client receives scheduled calls until the situation has de-escalated

### **How does it work?**

- Providers make a referral directly to the Warmline (or soon through Open Beds)
- First call from Warmline is within 24 hours of referral
- Participant and Warmline operator set up scheduled contact times
- Warmline closes the information loop by following up with the source of the referral

### **What is the Warmline?**

- Inbound/Outbound Contact
- Operates year-round
- One-on-one peer support
- Phone, text, and video conference options
- Calls are made or answered by Peer Wellness Operators

### **What is Peer Support?**

- Shared lived experience with mental illness and/or suicide attempt
- Supports daily management
- Social and emotional support
- Linkage to clinical care and community resources
- Ongoing support, extended over time
- Person centered approach
- Complement, and supplement care

**For more information or to make a referral:**

**call - (775) 241-4212**

**or**

**email - [caringcontacts.namiwnv@gmail.com](mailto:caringcontacts.namiwnv@gmail.com)**